

“How you rate an event is noise in the room, and it was noisy.”

I really cannot describe the wonderful energy of this event. You (and your creation FOLKLIFE) have a real gift for attracting the best kind of people. The 'energy' was commented on by multiple people throughout the day and is showing up in IG posts and emails following the event. WOW should you be proud. **People need this in their lives and businesses.**

~Amanda Lemay

I just wanted to thank you for the STOKED event. I'm so glad we went and had some wonderful takeaways. In touch with Nick North after the fact—he was amazing! Also Taryn was incredible, and the appropriation session was super impactful. Helluva morning, and I loved it, so thank you!

~Adena Broadhead

Coming here this weekend was so needed on a personal and professional level. Great to be surrounded by so many mindful risk takers forging their way with their passions. Very affirming. Every talk was one I needed.

~Catherine Hallam

That was really amazing. I learned so much and left me feeling excited. I'm stoked to rethink my approach to my business and social media. Good job. Thanks for putting that together.

~Attendee

Still reeling from all the information and epiphanies I received yesterday during the Stoked (feeding the fire of your small business) event by @folklifemedia on Salt Spring Island. I spent my day today madly writing and planning and envisioning exciting things for my business and for myself! I'm truly grateful for the invitation to this amazing gathering of phenomenal speakers and guests and for the delicious food and moments of connection with likeminded entrepreneurs. Just wow!

~Billi Mercier

A wonderful event!

~Tali Hamel

Such a magical thyme. my highlights were... the re-affirming moments of wut im already doing in my werk, meeting other entrepreneurs who were *such lovely* huemans, and feeling my biz/purpose embers literally being blown on by the energy of everyone there the whole day! the werk yer doing iz so important, so seen, so celebrated. thanx again.

~Kiki

It was a wonderful and inspiring day...thank you!

~Karin Bevies

We were “stoked” to attend this small business seminar on Saltspring Island this weekend!! Thank you to Alina of [@folklifemedia](#), The speakers were fantastic, the people were amazing, it was a day every well enjoyed by us. A small and super fun business trip with my co worker [@juliebergeron.hair](#)

~Bobbi Normand

Great event and amazing people. Alina, you chose a great title. It truly has Stoked my fire, being at this event, connecting with other multi-passionate entrepreneurs, listening to the speakers share their stories and their knowledge with us.

I have a lot more to say, and tried to do a quick recording of my thoughts after, but it turns out I have too many sparks flying, so I’m going to take a breath and revisit my notes tomorrow.

It was amazing and wonderful to meet so many amazing people . Some that i knew and recognized from my past living on Saltspring too :) ~

~**Julie Bergeron**

First of all, my partner Anton and I want to thank you and the team of Folklife for hosting and organizing Stoked. It was a great opportunity for us to meet so many people coming from diverse backgrounds, working through similar problems. The workshops and presentations were excellent. The carrot soup was fantastic and so were the brownies!

~**Gizem Sozen**

I just wanted to sincerely thank you for the conference yesterday. I was quite nervous while I was there but the feeling of warmth, integrity and kindness that was there was incredible.

~Erin Roman

It was such a great day. I learnt so much and met some great people. Very inspiring and invigorating.

~Denise Holecka

Your Gabriola folks were amazing, and Amanda was Wonderful!!! Thank you for the opportunity to put our heads and hearts together.

~Stacey Borgstrom

Thank you for all of your wonderful energy in creating this amazing event!

~Andrew Martin

Honestly - not being polite - it was a beautiful and meaningful event. It felt so wonderful to be hanging with other entrepreneurs IN PERSON. Outta zoom!! LOL. You organized a stellar event.

~Taryn Strong

~Very informative and fun.

~I left feel full and excited to learn more.

~I made lots of great new connections.

~The quality of the presenters was really superb. The learnings I'm taking away are already changing my life and business

~I loved the venue, the food, and the pace of the day.

~I really enjoyed Nicks talk about the elevator pitch. Nick was really engaging and used metaphors that for me made the information memorable. Also the soup and bread were dynamite.

~I loved the speed dating/networking activity...I wish it lasted longer.

~The vulnerability to include Indigenous teachings. It made me feel like I was in the right room of people who wanted to live this life is a truer way.

~Krysta from Only Child Handicrafts presentation was the best of the day

~I loved each and every one of the presenters, especially Nick and Taryn.

~It was something else. The room was filled with amazing people.